Mental Health

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Recommended Citation
Vandemark, Chad (1999) "Mental Health," The Promethean: Vol. 8 : Iss. 1 , Article 14.
Available at: http://commons.cu-portland.edu/promethean/vol8/iss1/14

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The Invasion of Feelings

How many times have you forgotten
At what depth my feelings lie?
I am fully consumed by you
Like a temptation that flowers from sight
An emotion not seen and barely shown
These feelings invade my soul
They take over my senses
They leave a feeling of utter confusion
The immense rush of lust
The passion that will never die
The burning sensation of want, of need
Feelings which words can hardly do justice
I love you
Love is not only a word
It is a state of mind, an instinct
An emotion which can never fade
Can you not detect at all
How I truly feel for you?
Why do you make me feel what I feel?
How can your power be so great over me?
I will ask no more questions of you,
For the answers lie deep within my soul
And when I come to this conclusion
I will fully understand
How the rush of my emotion
Crashes violently on the lonely, waiting sand.

Jillian Meredith Olsen