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The Invasion of Feelings

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Mental Health

With razored claws
It rips my heart,
While it falls out
I fall apart.

With my own limbs
It beats me so,
There's no way out
Nowhere to go.

In this enclosure
I call a cage,
My mind is full
Of peerless rage.

With fading blood stains
Across my chest,
I can't let down
I cannot rest.

I laugh and cry
In a maniacal way,
I must get out
I cannot stay.

I climb the walls
In search of light,
But I always fall down
Try as I might.

The walls are padded
The room is white,
But I'm always pulled down
Try as I might.

Chad Vandemark

The Invasion of Feelings

How many times have you forgotten
At what depth my feelings lie?
I am fully consumed by you
Like a temptation that flowers from sight
An emotion not seen and barely shown
These feelings invade my soul
They take over my senses
They leave a feeling of utter confusion
The immense rush of lust
The passion that will never die
The burning sensation of want, of need
Feelings which words can hardly do justice
I love you
Love is not only a word
It is a state of mind, an instinct
An emotion which can never fade
Can you not detect at all
How I truly feel for you?
Why do you make me feel what I feel?
How can your power be so great over me?
I will ask no more questions of you,
For the answers lie deep within my soul
And when I come to this conclusion
I will fully understand
How the rush of my emotion
Crashes violently on the lonely, waiting sand.

Jillian Meredith Olsen