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## Note to Self: Please

Chris Houck

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## **Note to Self: Please**

*Chris Houck*

**C**onfined in this chrysalis

**O**scillation brings surreal calmness

**M**ind overwhelmed by burdens

**E**motion impedes purpose

**H**ostage of innate situation

**O**minous sun pierces through

**M**ontage of haunting motion

**E**lusive heart breeds destruction