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MET + A + MOR + PHO + SiS or The Skin i Live In

Josey Meats
Concordia University - Portland

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MET + A + MOR + PHO + SiS

or

The Skin i Live In

Josey Meats

I

the skin i live in,
my chrysalis, my cocoon,
hides Me from the world.

///

II

madness lurks within,
i am ice and i am fire,
up and down again.

///

III

i am a kite caught
inside a hurricane's wake.
manic brain scramble.

///

IV

welcoming pressure;
chills chase blades tracing my arm.
dark depression nights.

///

V

harness the madness.
take the pill, it's just treatment.
BrIef stability...