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## Held Within

Kristin Scherer  
*Concordia University - Portland*

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## Held Within

A young heart  
beating, stopped  
Ripped from life  
leaving me behind  
My mind searches  
to picture her face  
An aching hole  
inside, empty  
Yet we are happy  
seem strange, yes  
A young heart  
in Christ  
She is gone  
no, with Him  
Christ in my heart  
she is held  
Within.

**Kristin Scherer**

*In memory of Karissa Heidemann*

1972-1994