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Getting the Most Out of College: The Step by Step Guide

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It is the mantra that every adult has pushed in our heads since the first year of high school: “Your college years will be the best of your life.” It is where you make lifelong friends, where you begin to find your own way in the world, and where you expand your horizons to encompass all of your dreams in life. College is a world of opportunity, and you will get out of it all that you put in. And there is nothing more rewarding than finding the strength of your inner self by becoming a classic college hermit. After all, there is a whole wealth of excitement and adventure inside your very own dorm room. Breaking out of your shell is overrated. This is how you develop your hermit lifestyle, and really get the most out of your college experience.

As soon as you set foot on campus, make sure you apply the first step of this guide, isolation. Friends are the most difficult obstacle that a hermit must overcome, so you have to nip this problem in the bud. Be proactive and establish your seclusion, from the start of orientation all the way through the first semester. Be sure to keep your dormitory door shut and locked so you can’t be bothered by all those nasty “pop in” visitors. Friends create social time and social time is extremely unbecoming to a quality dorm hermit, so keep the social networks clear and your focus on the computer.

The next step to sinking deeper into your own shell is to spend at least 140 hours a week inside your place of refuge, the dorm. This sets the platform for possible adventures to come, as the majority of life-altering college experiences will certainly come to pass inside your dorm room. Using this principle of time management will not only establish quality experience opportunities between you and your electronic systems, but also permits approximately 4 hours a day for you to catch up on your sleep (during class, of course) and make a Hot Pocket run down to the local Fred Meyer.

The next important step to securing a grand life of isolation is to constantly work at altering your sleep calendar. The night life is what college is all about, and you don’t want to be the only one sleep-through it. Distractions are very limited at night, so you can really focus on attaining maximum experience points in your online game of choice. Your body is an amazing instrument; given a few weeks of adjustment, it will be more than ready to spend the deepest hours of the night wide awake while recuperating through the morning and early afternoon.

In order to help your adaptation to the night hours, you should follow the fourth step of this guide, invest in energy drinks; nothing gets you going for the next 3 hours like a Rockstar or a Monster. Whenever you feel the onset of mental fatigue or drowsiness, get yourself up for a blast of sugar and caffeine to notch a few more hours of computer time before bed. Not only do these drinks up your energy amount, but several gamers have claimed that it will heighten your reflexes as well. After a couple of weeks, your internal clock should have fine-tuned itself, allowing you to cut back on the supplements and enjoy night gaming the natural way.

Now that you have successfully cut off your living space from others, the fifth and final step is to accomplish something with your time. In order to really fit the mold of a college hermit, you must master the art of video games; invest in an online gaming system to attain respect without the risk of social encounters. Your name will be famous all over campus as the mysterious gamer who can defeat any challenger with one hand tied behind his back. Ultimately, it is by your gaming ability that you will be judged on your success in college, so this final step is vital.

College is truly the place where a boy becomes a man, where responsibility is accepted with the open palm of maturity, where a person’s path in life begins to take shape and direction. Although the distractions in college may be many, it is imperative that you forgo the shallow pleasures of life on campus (friends, athletic events, education, etc.) and focus on the things that can really give your life a strong push in the right direction. Excellence can only be attained through hard work and perseverance, and that is what college is here to teach us. Accomplish greatness in your dorm first, and then you can apply it out in the world.