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Recipe for Loneliness

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Recipe for Loneliness

Timothy O'Brien

Ingredients

3 cups of bitterness

2 cups Social Anxiety. Set aside 1 tsp.

A Defiant handful of "Fuck everyone, I don't need no friends."

1 isolated cabin in the woods

½ part obscurity (The type that haunts you as you eat alone in the cafeteria.)

A hint of opiates (For Flavor)

Instructions

1. Create a meringue by whipping the bitterness until your desire to run away overwhelms your love for life.
2. Take 2 cups crippling Social Anxiety and slowly fold into the meringue. Chill in fridge for a month or until it completely overshadows all your relationships.
3. Next, take your delectable creation to an isolated cabin in the woods and drizzle a pinch of opiates for flavor.
(Have an emergency contact in case of overseasoning.)

This recipe serves at most 1

(With the exception for an optional animal companion)

Pairs well with:

2 helpings of Resentment or Depression

or

Dry white wine, or whiskey and a guitar